



# Mt. Morris Senior Center Newsletter

## December & January 2017

[mmseniorcenter.com](http://mmseniorcenter.com)



### New/Renewed Memberships

Mt. Morris Women's Club, Frank & Mary Lou Floski, Evelyn Simmons, June Bonaguidi, Marion & Elmars Kalnins, Kim Vickers, Nancy Hagemann, Georgeann Root, Rose Avey, Judy Miller, Don & Marie Hickman & Caroline Cheever.

### Biscuits & Sausage Gravy

Start your day off right with Biscuits & Gravy! Every Wednesday, 8am-10:30 am.

Half order \$2. Full order \$3.50, Coffee, Tea or bottled water \$.50 All ages welcome, so bring your friends and family.



### In Kind Donations

Lori Wolff, Kathy Clark, Kayla Haub, Johna Templin, Betty Sorensen Barb Horner & Joan Base.

### Thanks to all who attended our Health Fair.

Winner of the \$50.00 gift basket was Sharon Davis.

### Jam Session

**There will be no Jam session on December 27, 2017.**  
Come join us with your voices and instruments on January 24th at 10:30 am, Lunch for \$3 will be served at 12 noon.

### Caroling

Come and join us in singing Christmas Carols at Pinecrest, December 1st at 11:00 am. Come lend your voice and get in the Christmas Spirit. We will meet at 10:45 am at the Senior Center to go to Pinecrest.



**Joy to the World!**

### Bingo & Birthday Party

December 20th, Free Bingo, 10:30am  
Lunch 11:30am, Cost \$6.00  
Menu: Chili, Corn Bread, Salad, Cake & Ice Cream

#### RSVP by December 18th

January 17th, Free Bingo, 10:30am  
Lunch 11:30am, Cost \$6.00

Menu: Spaghetti, Garlic Bread, Salad, Cake & Ice Cream.

#### RSVP by January 15.

**The Senior Center will be closed December 25th, December 26th and January 1st.**  
**Merry Christmas & Happy New Year.**

### Christmas on the Village Square Breakfast

Mt. Morris Senior Center

Saturday December 2nd, 8:30-10:30am



The Mt. Morris Senior Center is hosting a pre-Christmas pancake and Sausage Breakfast. Bring your kids and friends for a fun-filled morning, including a delicious breakfast and Santa's elves assisting children with writing letters to Santa. At 10:00am, they will walk to the Post Office and mail their letters to Santa. There will also be bingo, a coloring contest, and other fun activities for the entire family. Free will donations will be accepted, all proceeds benefit the Senior Center and United Way.



## christmas wish list

Coffee, regular or decaf, Lemonade Mix, Hot Chocolate Mix, Quart, pint or gallon freezer bags, Aluminum Foil, Paper Towels, 8 inch paper plates, Chinet heavy 10 3/8 inch paper plates, Napkins, Dawn dish soap, CLR Kitchen & Bathroom cleaner (yellow bottle), Roll or book of stamps, cardstock (colored) & reams of copy paper. Your help is greatly appreciated. You can put the items under the Christmas tree at the potluck on December 15th.

### Cookie Exchange & Movie

December 11th at 10:30 am.  
Bring a dozen cookies and 12 copies of the recipe, and go home with a dozen different kinds of cookies! The movie Elf will be shown at 12:00 noon.  
Popcorn & drinks will be served.



### Noon Years Smorgasbord

We had so much fun last year that we are going to do it again this year.

Friday December 29, 12:00 noon

Bring an appetizer as we celebrate "New Beginnings" & the "New Year."

Enjoy the food and toast the new year with sparkling cider.

### Ugly Sweater Potluck

Friday Dec. 15th, 5:30 pm

Host: Johna Templin

Please wear your ugliest sweater.

Program: Sing-A-Long with Margo, Christmas Carols.



Friday Jan. 19th,  
5:30pm

Bring a dish to pass and your own table service. Tell your neighbors and friends, there is always lots of good

### Eating Right for the New Year

A KSB Dietician will present a program , January 22, 11 am at the Senior Center on "Eating Right for the New Year".  
Join us and start the New Year Eating Right!  
RSVP by Jan. 18th, 2018



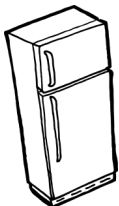
### Frozen Dinner Class

Join us January 29th at 11 am to make some freezer meals.  
You will leave this class with two different meals to enjoy one of those days when you just want to grab something and heat it up.

Cost: \$15.00

RSVP by January 22nd

We want to be sure to have enough supplies for all.

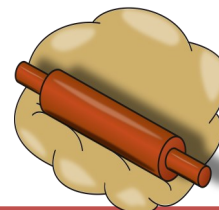


### Pie Making Class

Are you afraid to make a pie?

Jan Lawrence will be showing us how to make pie crust and a Pumpkin pie on Thursday, December 14th, 9am  
Come and master your fears on baking a pie. All supplies furnished.

Cost: \$5.00



### **Chair Massage**

Alpine Chiropractic will be here giving free 10 minute chair massages, on January 8th, 2018  
10:30 am-12:30 pm  
Call us at 815-734-6335 to set up your appointment.

### **Lunch Bunch**

**January 5, 2018**

If you like to go out for lunch and don't like to eat alone, join our lunch bunch. Once a month we will go out for lunch to different restaurants in the area. Our first Lunch Bunch will be January 5th. We will meet at the Mt. Morris Senior Center at 10:30 am and carpool to Somkit in Dixon. In case of bad weather we will go to Campus Café. We are looking for volunteers to drive. Please call 815-734-6335 by January 3rd to let us know if you would like to be part of this great social group. All are welcome so please feel free to invite a friend or two.

### **Euchre**

Do you play Euchre or want to learn to play?  
Come join us and learn a new card game.  
January 9th & 23rd. 12:30 pm

### **Free Movie Hawaiian Style**

**Friday, January 26th, Lunch for \$3.00**

**Hawaiian slider, side, and a drink.**

**Movie: 12:00 noon.**

Wear your best Hawaiian attire and come and warm up with us. After lunch we will watch the movie **Blue Hawaii**, starring Elvis Presley. Please RSVP to the Mt. Morris Senior Center by January 22nd.

My name is Melissa Nicholson, and it is an honor to introduce myself as the new Executive Director of the Mount Morris Senior Center. I am excited and grateful for this opportunity to get to know each of you and lead the senior center into the future. Thank you so much for the warm welcome I have received.

From what I have seen so far, the senior center is a place where you come for socialization, exercise, and fun. I hope to continue with the traditions that have been created as well as bring some new ideas that I hope you all will love. I want the Mount Morris Senior Center to be a place where everyone feels welcome and can participate in activities they enjoy.

If you have any ideas, please feel free to come to my office and let me know. I believe that teamwork is a major key to the success of any organization, and you are all an important part of the team. I will do my best to serve the community of Mount Morris and especially the seniors here. I will strive to make the Mount Morris Senior Center somewhere everyone will enjoy spending time. Thank you in advance for your support and involvement.

With hope for the future,

Melissa Nicholson

## **AmazonSmile is an easy way to give to our Senior Center!**

On your first visit to **AmazonSmile** ([smile.amazon.com](http://smile.amazon.com)), you are prompted to select a charitable organization from the list of eligible organizations. You can change your selection at any time. To change your charitable organization sign in to [smile.amazon.com](http://smile.amazon.com) on your desktop or mobile phone browser.

Directions:

1. Sign in to [smile.amazon.com](http://smile.amazon.com) on your desktop or mobile phone browser.
2. From your desktop, go to **Your Account** from the navigation at the top of the page, and then select the option to **Change your Charity** under "Shopping, Programs & Rentals", at the bottom of the page.
3. Type Mount Morris Senior Center in the **Search** box. Select Mount Morris Senior Center. 0.5% of the purchase will automatically go to our center.

**Tell your family, friends and neighbors to choose Mount Morris Senior Center as their preferred charity.**

## **New Medicare Cards Are Coming 2018**

New cards will automatically come to you in the mail. This has been put in place to remove all Social Security numbers from your cards for your identity protection. There will be no gender and no signature line on new cards and the cards will arrive in an HHS envelope.

Please be aware no one will call you for your information.  
If you receive a call about your new Medicare Card, IT IS A SCAM!!!!

New cards will start being mailed in April of 2018 and all will be replaced by April of 2019, so watch your mail, and shred your old Medicare Card as soon as you get your new one. If you do not have access to a shredder, bring your old card to Mt. Morris Senior Center and we will shred them for you.

### **Do You Qualify for Extra Help with your Prescription Drug Cost? The Mt. Morris Senior Center can help!**

Extra Help, the federal assistance program that helps individuals with limited finances pay for their Medicare prescription drug costs. You may qualify for Extra Help if...

- In 2016, individuals who receive \$1,485 or less each month and have \$13,640 or less in assets should qualify for Extra Help.
- In 2016, couples who receive \$2,003 or less each month and have \$27,250 or less in assets should qualify for Extra Help.

If you have Medicaid, a Medicare Savings Program or you receive Supplemental Security Income (SSI), you should get Extra Help automatically. If you do not get Extra Help automatically, or think you may qualify, call the Mt. Morris Senior Center to make an appointment, 815-734-6335.

### **Are you turning 65? Do you need help understanding Medicare A, B, C, & D**

**The Mt. Morris Senior Center can help! Call 815-734-6335 to make an appointment with one of our trained certified counselors.**

### **Do you qualify for a License Plate discount?**

You may qualify if:

- You are 65 years or older by December 31, 2017 or 16 years of age or older and totally disabled before January 1 2018 and a current Illinois resident.
- Total income last year must be less than \$27,610 for a 1 person household (yourself only) \* \$36,635 for a 2 person household (yourself and your spouse, or yourself and one Qualified Additional Resident). \*\$45,657 for a 3 person household (yourself, your spouse and one Qualified Additional Resident, or yourself and two Qualified Additional Residents).
- If you meet these requirements call 815-+734-6335 to set up an appointment.

**Annual Level of Giving**

**Membership per individual**

Supporting- — - - - - - - - \$25

Contributing- - - - - - - - \$35

Sustaining- - - - - - - - \$50

Sponsor per individual- - - \$100

Or Organization

*Seniors on the Move,*

*Caring,*

*Sharing,*

*& Serving*

**Life membership levels**

Silver- - - - - - - - - - \$500

Gold- - - - - - - - - - \$1000

**Circle of Friends Support**

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

Spouse \_\_\_\_\_

Amount of gift \_\_\_\_\_

The above levels of giving is a suggestion, any support given is very welcome and appreciated. All gifts are tax deductible to the limit the law allows.

Date of application:

Date entered in system:

Mt. Morris Senior Center

9 East Front St

Mt. Morris, Il. 61054

Phone: 815-734-6335

# December 2017



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Fit. Class 9-10 Pinecrest Caroling 11 am	2 COTVS Pancake Breakfast 8:30-10:30
3 AA Mtg. 7 pm	4 Fit. Class 9-10 Hand & Foot 12:30 pm	5	6 Fit. Class 9-10 Biscuits & Gravy 8-10:30 am Ship 1-3 pm Bridge 1 pm	7	8 Fit. Class 9-10	9
10 AA Mtg. 7 pm	11 Fit. Class 9-10 Cookie Exchange 10:30 Movie Elf 12 Hand & Foot 12:30	12 Holiday Bus Trip	13 Fit. Class 9-10 Biscuits & Gravy 8-10:30 Ship 1-3 pm Bridge 1 pm	14 Pie making Class 9 am American Leg. Mtg. 7	15 Fit. Class 9-10 Ugly Sweater Potluck 5:30 Host Johna Templin Sing-a-long	16
17 AA Mtg. 7 pm	18 Fit. Class 9-10 Hand & Foot 12:30	19	20 Fit. Class 9-10 Biscuit & Gravy 8- 10:30 am Free Bingo 10:30 Lunch 11:30 Ship 1-3 Bridge 1	21 Board Mtg. 8 am	22 Fit. Class 9-10	23
24 AA Mtg. 7 pm	25 Closed Merry Christmas	26 Closed	27 Fit. Class 9-10 Biscuits & Gravy 8-10:30 <b>No Jam session</b> Ship 1-3 Bridge 1 pm	28	29 Fit. Class 9-10 New Years Smorgasbord 12 noon Bring an appetizer.	30
31 AA Mtg. 7 pm						

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9 East Front St

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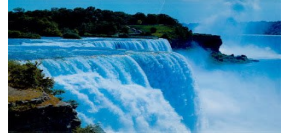
# January 2018



sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 <b>Office Closed</b>	2	3 Fit. Class 9-10 Biscuits & Gravy 8 -10:30 Ship 1-3 Bridge 1 pm	4	5 Fit. Class 9-10 Lunch Bunch 10:30 Somkit in Dixon	6
7 AA Mtg. 7 pm	8 Fit. Class 9-10 Chair Massage 10:30 am-12:30pm Hand & Foot 12:30	9 Euchre 12:30 pm	10 Fit. Class 9-10 Biscuits & Gravy 8-10:30 Greeting Cards 10:30am Ship 1-3 Bridge 1 pm	11 American Legion 7 pm	12 Fit. Class 9-10	13
14 AA Mtg. 7 pm	15 Fit. Class 9-10 Hand & Foot 12:30	16	17 Fit. Class 9-10 Biscuits & Gravy 8-10:30 am Free Bingo 10:30, Lunch 11:30 Ship 1-3 Bridge 1 pm	18 Board Mtg. 8 am	19 Potluck 5:30	20
21 AA Mtg. 7 pm	22 Fit. Class 9-10 KSB Dietitian "Eating Right for the New Year" 11am Hand & Foot 12:30	23 Euchre 12:30 pm	24 Fit. Class 9-10 Biscuits & Gravy 8-10:30am Jam Session 10:30 Lunch 12 Ship 1-3 Bridge 1pm	25	26 Fit. Class 9-10am Lunch 11:30 for \$3.00 Movie: Blue Hawaii 12 pm	27
28 AA Mtg. 7 pm	29 Fit. Class 9-10am Freezer Meals 11 am Hand & Foot 12:30	30	31 Fitness Class 9-10 Biscuits & Gravy 8-10:30 Ship 1-3 pm Bridge 1 pm			

## THANK YOU

Thank you Barb Davis and Rogene Strite, for handling the bus trip to Pigeon Forge and Smoky Mountains Show Trip. Your generous donation from this trip was very much appreciated. We are looking forward to the next trip to Niagara Falls & Toronto, September 17-22, 2018. This trip will benefit the Senior Center.  
The Washington DC trip will benefit only the Oregon VFW.



### Mark Your Calendars for the up Coming Dates:

Tuesday February 13th, Tea For You, 1 pm

Tuesday, March 7th, Free Community Breakfast, 8-10:30 am

Friday, March 16th, Shamrock Shenanigans (potluck), 5:30 pm

Friday, March 23rd, Fish Fry, 4-7 pm

### Craft

February 7th, 10:30 am

Board Sign 3 ft. x 1 ft.

Cost: \$10.00





Mt. Morris Senior Center  
9 East Front St.  
Mt. Morris, Il. 61054  
Phone: 815-734-6335

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Need Transportation!

Call: Rock River Center

815-732-3252 or 800-541-5479

Lots (Lee-Ogle Transportation)

815-288-2117 or 888-239-9228

### **Board Members**

Dr. Edward Baker, President

Bill Nicholson, Vice President

Barbara Horner, Treasurer

Johna Templin, Secretary

Kathy Clark, Director

Dr. Bruce Denton, Director

Herman Hartle, Director

Kayla Haub, Director

Linda Swisher, Director

Betty Sorensen, Director

Aaron Rowe, Director

Ralph Ubben, Director

Vernon Showalter, Honorary Member

### **Executive Director & Bookkeeper**

Melissa Nicholson

### **SHIP**

Betty Sorensen

### **Custodian**

Sue Calhoun & Rod Avey